



TEMPE
ARIZONA

Annual Conference Preliminary Program

ISPN2018

April 10-14

Tempe Mission Palms Hotel
and Conference Center

WEDNESDAY/THURSDAY SCHEDULE • APRIL 11-12

Wednesday, April 11, 2018

7:30 a.m.-7:00 p.m.

Registration Open

6:30 p.m.-8:00 p.m.

Opening Reception and Poster Session Exhibit Hall Opens

Thursday, April 12, 2018

7:30 a.m.-5:00 p.m.

Registration Open

6:30 a.m.-7:30 a.m.

Morning Yoga

Kandy Aboud, MSN, PMHNP-BC, PMHCNS-BC

7:15 a.m.-8:15 a.m.

New Member Breakfast

7:15 a.m.-8:15 a.m.

Continental Breakfast and Exhibits

8:30 a.m.-8:45 a.m.

Welcome

8:45 a.m.-9:45 a.m.



Opening Keynote Address

*Turning Chaos Into Opportunity:
Navigating the Political Waters*

Suzanne Miyamoto, PhD, RN, FAAN
Chief Policy Officer, American
Association of Colleges of Nursing

10:00 a.m.-10:50 a.m.

Concurrent Session 1.1

*The Reality of Gender Dysphoria: A Consumer's
Message to Practitioners*

Linda Jo Volness, MS, APRN, PMH-CNS
Jordan Jo Volness, Consumer

Concurrent Session 1.2

*Expanding Access to Behavioral Health Care in a Rural
Health System: Components of Care*

Erin Ellington, DNP, APRN, PMHNP-BC
Susan Kimble, DPN, RN, ANP-BC, FAANP

*Promoting Academic and Professional Resiliency
in Psychiatric Mental Health Nurses Through an
Educational Program*

Lindsay Bouchard, DNP, PMHNP-BC, RN

Concurrent Session 1.3

*The Positive Thinking Skills Scale: A Screening
Measure for Early Identification of Depressive Thoughts*

Abir Bekhet, PhD, RN, HSMI

*Telephone Intervention Problem Solving (TIPS): An
Option to Enhance Adherence and Mitigate the Effects
of Medicaid Prescription Limits for Schizophrenia
Spectrum Disorders (SSDs)*

Lora Beebe, PhD, PMHNP-BC

Concurrent Session 1.4

*Preparing Psychiatric-Mental Health Nursing Policy
Makers*

Helen Buckland, PhD, MEd

10:55 a.m.-11:25 a.m.

Refreshment Break

Exhibits and Poster Session International Meet and Greet

11:30 a.m.-12:20 p.m.

Concurrent Session 2.1

*The Neurobiological Basis of Insight in Schizophrenia:
Implications for Psychiatric-Mental Health Nursing*

Rose Mary Xavier, PhD, MS, PMHNP-BC

Concurrent Session 2.2

*Integrating Behavioral Health Into Rural Primary Care:
Addressing the Impact of Poverty, Disparities, and the
Need for Whole Health Care*

Victoria Soltis-Jarrett, PhD, PMHNP-BC, FAANP
Leslie Sharpe, DNP, FNP-BC

Concurrent Session 2.3

*The Mindful Shield: The Effects of Mindfulness Training
on Resilience and Leadership in Military Leaders*

Kelly Ihme, PhD, BSN-BC, MA

Concurrent Session 2.4

*A Framework for Psychiatric-Mental Health Nurses to
Improve Health Policy Using Normalization Process
Theory*

Lindsay Bouchard, DNP, PMHNP-BC, RN

*Nursing Process in Psychiatric-Mental Health Nursing:
Learning From Our History to Advance Our Future*

David Keller, MS, RN, CNE

12:25 p.m.-1:40 p.m.

Product Theater Luncheon

*Injecting a Maintenance Treatment Into the Bipolar I
Disorder Discussion*

Melissa Frost, MSN, GNP, APRN-BC

Sponsored by Otsuka America Pharmaceutical, Inc.,
and Lundbeck LLC



1:45 p.m.-3:15 p.m.

Symposium 1.1 (part 1)

The Positive Impact of Developing Staff Leadership Through Supportive Training and Education to Improve Patient and Family Care Experiences on a Pediatric Inpatient Psychiatry Unit

Caitlin Doherty, BSN, RN-BC
David Einmo, BSN, RN-BC
Laura Lynch, BSN, BC-RN
Josh Trewin, RN-BC, BA

Workshop 1.1

Small Numbers Can Be a Force for Policy Change: The Power of Nursing Coalitions and Collaborations

Sally Raphael, MS, APRN-PMH, FAAN
Suzanne Miyamoto, PhD, RN, FAAN

Workshop 1.2

Education for the Prevention of Fetal Alcohol Spectrum Disorders (FASDs) With Alcohol Screening and Brief Intervention (Alcohol SBI) Through the Use of Case Studies

Ann Mitchell, PhD, RN, AHN-BC, FIAAN, FAAN
Dawn Lindsay, PhD

3:20 p.m.-3:50 p.m.

Refreshment Break

Exhibits and Poster Session

3:55 p.m.-5:25 p.m.

Symposium 1.1 (part 2)

The Positive Impact of Developing Staff Leadership Through Supportive Training and Education to Improve Patient and Family Care Experiences on a Pediatric Inpatient Psychiatry Unit

Caitlin Doherty, BSN, RN-BC
David Einmo, BSN, RN-BC
Laura Lynch, BSN, BC-RN
Josh Trewin, RN-BC, BA

Workshop 2.1

Publishing in Psychiatric-Mental Health Nursing Journals: Tips from the Editors

Joyce Fitzpatrick, PhD, RN, FAAN
Janice Goodman, PhD, RN, PMHCNS-BC, PMHNP-BC
Catherine Kane, PhD, RN, FAAN
Evelyn Parrish, PhD, APRN-BC
Geraldine Pearson, PhD, APRN, FAAN
Mona Shattell, PhD, RN, FAAN
Edilma Yearwood, PhD, PMHCNS-BC, FAAN

Workshop 2.2

Using the LEaP Model to Teach Critical Reflection in Psychiatric Nursing Practice: An Interactive Workshop

Deborah Johnson, MSN, RN, PMHNP-BC
Rosalind De Lisser, MS, FNP, PMHNP-BC
Beth Phoenix, RN, PhD

5:30 p.m.-6:15 p.m.

ISPN Special Interest Group Meeting

SIG for Psychiatric Consultation-Liaison Advanced Nursing Practice

Archives of Psychiatric Nursing Journal Reviewer Meeting

6:15 p.m.-8:15 p.m.

ISPN Foundation Reception and Auction

(Available at an additional fee. Tickets are available on the conference Registration Form and at the Registration Desk on site.)

Friday, April 13, 2018

7:30 a.m.-5:00 p.m.

Registration Open

7:00 a.m.-8:00 a.m.

Continental Breakfast and Exhibits

8:00 a.m.-8:15 a.m.

Welcome and Reminders

8:15 a.m.-9:15 a.m.



Diversity Speaker

Old, Stressed, and Why Do We Care? Ageism and Mental Health

Kathy Wright, PhD, RN, GCNS-BC, PMHCNS-BC

9:30 a.m.-11:00 a.m.

Workshop 3.1

A Successful Model for Clinical Training in Child/Adolescent Cognitive Behavior Therapy (CBT) for Graduate Psychiatric Advanced Practice Nursing Students

Pamela Lusk, DNP, RN, PMHNP-BC, FAANP

Workshop 3.2

Integrative Play Therapy

Donna de Villier, DNP, MN, PMHNP-BC, RPTS

FRIDAY SCHEDULE • APRIL 13

9:30 a.m.-10:20 a.m.

Concurrent Session 3.1

Essential RN Competencies for the Induction and Maintenance of Opioid Replacement Therapy

Janet Standard, DNP, PMHNP-BC

Michelle Knapp, DNP, PMHNP-BC

Concurrent Session 3.2

Optimizing Borderhealth PMH Provider Workforce Through Community Engagement

Kathleen McCoy, DNSc, APRN, PMHNP-BC,
PMHCNS-BC, FNP-BC FAANP

Mark D. Soucy, PhD, APRN, PMHNP-BC, FAANP

10:20 a.m.-10:55 a.m.

Refreshment Break

Exhibits and Poster Session

IMIN Meet and Greet

11:00 a.m.-11:50 a.m.

Concurrent Session 4.1

Division of Stimulants in 10th Graders in Iceland

Gisli Kristofersson, PHD, RN, PMHNP-BC

Concurrent Session 4.2

Honoring the Patient as "Expert by Experience": Graduate Curriculum Centered on Recovery and Integrative Nursing Principles With a Navajo (Hozho Life-Way Model) Teaching Exemplar

Michelle Kahn-John, PhD, RN, PMHNP-BC, GNP

Pamela Lusk, DNP, RN, PMHNP-BC, FAANP

Concurrent Session 4.3

Re-conceptualizing Sickle Cell Disease Chronic Pain Etiology: The Physical and Social Pain Overlap Hypothesis

Cheedy Jaja, PHD, MPH, MSN, PMHNP-BC, RN

A Research Program Focused on Metabolic Risk and Metabolic Syndrome in Persons With Serious Mental Illness: Combining Clinical and Academic Expertise to Inform Practice

Margaret Knight, PhD, PMHCNS

Lynne Kopeski, MSN, PMHCNS-BC

Concurrent Session 4.4

Promoting Resilience in Times of Chaos: Reducing Stress and Burnout

Jim Kane, MN, RN, CNS, NEA-BC

12:00 noon-1:15 p.m.

Sponsored Luncheon (TBD)

1:20 p.m.-1:55 p.m.

Refreshment Break

Exhibits and Poster Session

2:00 p.m.-5:00 p.m.

Symposium 3.1

Child/Adolescent Psychiatric-Mental Health Nursing Symposium: Assessment, Diagnosis, and Management of Disruptive Mood Dysregulation Disorder

Andrea Kwasky, DNP, PMHNP-BC, PMHCNS-BC

Elizabeth Bonham, PhD, RN, PMHCNS-BC

Erin Ellington, DNP, APRN, PMHNP-BC

Kelly Ihme, PhD, MA, BSN-BC

Sally Raphael, MS, APRN-PMH, FAAN

Noreen Esposito, EdD, PMHNP-BC, WHNP-BC,

FNP-BC, FAANP

2:00 p.m.-2:50 p.m.

Concurrent Session 5.1

Key Findings and Recommendations of the National Academy of Medicine Committee to Evaluate the Department of Veterans Affairs Mental Health Services

Bethany Phoenix, PhD, RN, CNS, FAAN

Concurrent Session 5.2

Attitudes to Suicide: Using Evidence to Foster Prevention

Susan Glodstein, DNP, RN, PMHNP-BC,

PMHCNS-BC

Concurrent Session 5.3

Learning to do Psychotherapy and the Art of Supervision

Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC

Kathleen Wheeler, PhD, PMHCNS/NP-BC

Marian Newton, PhD, PMHCNS/NP-BC

3:05 p.m.-3:55 p.m.

Concurrent Session 6.2

Interprofessional Education in Psychiatric-Mental Health Graduate Education: Can it be Sustainable?

Barbara Peterson, PhD, PMHCNS, RN

Concurrent Session 6.3

Suicide in Elementary School-Aged Children: Trends, Socio-demographic Characteristics, Precipitating Circumstances, and Family Impact

Carla Groh, PhD, PMHNP-BC, FAAN

3:55 p.m.-4:25 p.m.

Break



FRIDAY/SATURDAY SCHEDULE • APRIL 13-14



4

4:30 p.m.-5:20 p.m.

Concurrent Session 7.1

Building Capacity to Address the Barriers to Mental Health Care in the Latino/a Community

Marsha Snyder, PhD, PMHCNS/NP-BC
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC

Concurrent Session 7.2

Integrated Care in Acute Residential Programs: Responding to Needs of Patients Diverted From Psychiatric Hospital Care

Linda Chafetz, RN, PhD

Concurrent Session 7.3

Psychopharmacological and Psychotherapeutic Treatment of Trauma in Children and Adolescents

Justin White, DNP, MSN, MSW, PMHNP-BC, LCSW

5:30 p.m.-6:15 p.m.

ISPN Special Interest Group Meeting

SIG for Psychiatric-Mental Health Policy

5:30 p.m.-6:15 p.m.

ISPN Special Interest Group Meeting

SIG for APN Formation

Saturday, April 14, 2018

6:30 a.m.-7:30 a.m.

Morning Yoga

Kandy Aboud, MSN, PMHNP-BC, PMHCNS-BC

7:30 a.m.-11:00 a.m.

Registration Open

7:00 a.m.-8:00 a.m.

Continental Breakfast

8:15 a.m.-9:00 a.m.

Business Meeting and President's Wrap-up

9:15 a.m.-10:05 a.m.

Concurrent 8.1

"He's Out of Control": A Case Study Identifying Factitious Disorder Imposed on Another

David Alvarez, DNP, PMHNP-BC, NE-BC, RN-BC

Evaluation of ISPN's Professional Nursing Society's Mentoring Program

Elizabeth Bonham, PhD, RN, PMHCNS-BC, FAAN
Marian Newton, PhD, PMHNP, PMHCNS

Concurrent 8.2

Exploring the Mental Health Needs of First Responders: A Pilot Study

Sara Jones, PhD, APRN, PMHNP-BC

Concurrent 8.3

Approaches to Treating Self-Injury in Persons With Autism Spectrum Disorder

Judith Coucouvanis, MA, RN, PMHCNS-BC

Concurrent 8.4

Mental Health Promotion: Changing a Cultural Discourse

Richard Westphal, PhD, RN, PMHCNS/NP-BC

10:10 a.m.-10:25 a.m.

Refreshment Break

10:30 a.m.-11:10 a.m.

ISPN Awards Ceremony

11:15 a.m.-12:15 p.m.

Closing Keynote Address



"Changing My Mind"

Margaret Trudeau
Canadian Mental-Health Issues
Advocate and Author

12:30 p.m.

Conference Ends

1:00 p.m.-5:00 p.m.

ISPN Board of Directors Meeting